

# CLIENT HISTORY

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Street

City

State

Zip

Home Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ May we contact you at these numbers? \_\_\_\_\_

Email Address: \_\_\_\_\_ Other ID: \_\_\_\_\_

Referred by: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number \_\_\_\_\_

**PROCEDURE(S) DESIRED:** **Circle** all of the following that apply.

Upper eyeliner

Partial eyebrows

Lip liner

Beauty mark

Areola Pigmentation

Lower eyeliner

Full eyebrows

Full lip color

Scar Camouflage

Dry Needling

**ALLERGIES/SENSITIVITIES:** **Circle** if you have ever had a reaction to any of the following and describe below:

Latex/ rubber

Lanolin

PABA

Tattoo ink/pigment

Bacitracin ointment

Metals

Novocaine,

Hydroquinone or other skin bleaching agents

Benzocaine, Tetracaine

Aspirin

Hydrocortisone

Neomycin or polymyxin B ointment

Animal Protein

Lidocaine

Foods

Other Allergies/Sensitivities \_\_\_\_\_

Reactions \_\_\_\_\_

**EYES/EYEBROWS:** **Circle** all of the following that apply.

Contact Lenses

Eye makeup sensitivities

Blurred Vision

Alopecia Universalis (total)

Glaucoma

Lasik/eye surgery

Thyroid abnormalities

Alopecia Areata (local)

Dry Eyes

Trichotillomania (pulling out lashes/eyebrows compulsively)

Eyebrow/Lash tinting

Botox

Date of last service: \_\_\_\_\_

Date of last service: \_\_\_\_\_

Other eye disorders (describe) \_\_\_\_\_

Other hair loss (describe) \_\_\_\_\_

Are you planning any vision corrective surgery? \_\_\_\_\_ No procedures can be preformed  
1 month prior to vision surgery and 3 months after.

**LIPS:** **Circle** all that apply

Cold sores/fever blisters/herpes - if so a prescription is required prior to any lip service

Lip injections – Type \_\_\_\_\_ Date \_\_\_\_\_

Other lip augmentation \_\_\_\_\_ Date \_\_\_\_\_

Teeth Bleaching \_\_\_\_\_ Date \_\_\_\_\_

**SKIN:** Please use back of form if necessary to answer all questions.

Any other tattoos - Location: \_\_\_\_\_  
If yes, I will need to know if it was between the years 2000 and 2004 that Premier True Concentrates were not used and I will require written documentation from your previous practitioner that this product was not used. The Premier Pigment described can trigger an allergic reaction.

Age of tattoo: \_\_\_\_\_ Any problems: \_\_\_\_\_  
Use of sunlamp/tanning bed/suntan outdoors \_\_\_\_\_ Currently tanned in the area being treated. \_\_\_\_\_  
Currently use Retin A - Location: \_\_\_\_\_ Currently using glycolic acids \_\_\_\_\_  
Facial fillers or botox? \_\_\_\_\_ When? \_\_\_\_\_ AHA or retinol skin products \_\_\_\_\_

Do you have any dermatologic disorders such as shingles, rosacea, eczema or psoriasis \_\_\_\_\_  
If they are active they must have calmed down before the procedure.  
Have you had any injectables such as Restylane, Juvederm or other fillers? (describe) \_\_\_\_\_

Ever had a chemical peel? When: \_\_\_\_\_ Type of peel: \_\_\_\_\_

Have you ever taken Accutane or any other treatment for acne(describe) \_\_\_\_\_  
Have you ever had any laser treatments, or plan to in the future? (describe) \_\_\_\_\_  
IT IS IMPORTANT TO UNDERSTAND THAT LASER TREATMENTS, IPLs ( intense pulse lights) including those used for hair removal, anti-aging, Photo Facials and removal of lines MAY OR WILL TURN PIGMENTS DARK OR EVEN BLACK

Do you have a scar you want camouflaged? Age of Scar: \_\_\_\_\_

Any keloid ( raised white ) or hypertrophic scars? - Location: \_\_\_\_\_

Do you bruise or bleed easily? \_\_\_\_\_ Do you have healing problems? \_\_\_\_\_

Any other skin disorders? Describe: \_\_\_\_\_

**GENERAL MEDICAL:** Circle all of the following that apply.

High Blood Pressure	Diabetes	Hemophilia or other clotting disorder	Chemotherapy
Mitral valve prolapse	Valve implants	Heart palpitations or conditions	Hepatitis
Pregnant or nursing	HIV	Autoimmune disorders	Seizures

Do you currently take any blood thinners or anticoagulants such as aspirin, ibuprofen, Coumadin, Homeopathic, vitamins or herbs, alcohol. Describe \_\_\_\_\_

If you had or are planning any cosmetic/other surgeries in the future please describe \_\_\_\_\_

If you are under the care of a physician for any reason please describe \_\_\_\_\_

Physicians Name \_\_\_\_\_ City \_\_\_\_\_ Phone \_\_\_\_\_  
List any surgeries \_\_\_\_\_

Please list all medications, prescription and non-prescription. Use back of form if necessary.  
\_\_\_\_\_  
\_\_\_\_\_

I certify that the preceding medical, medication and personal history statements are true and correct. I understand that it is my responsibility to keep my technician informed and update this history.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## INFORMATION FOR MICRONEEDLING

### WHAT IS MICRONEEDLING?

MICRONEEDLING is a cosmetic treatment that can be used to blend scars, improve rough and uneven skin texture, reduce fine lines and wrinkles and improve elasticity. It is based on the skin's natural ability to repair itself. By creating controlled injuries in the upper layers of the skin, microneedling stimulates the body to produce new collagen and elastin in the area that is being treated. The result is smoother, firmer, younger looking skin.

A topical anesthetic is applied and a pen-like device with micro needles is used to create tiny channels for the new collagen and elastin to improve the skin's condition.

This repairing or healing process will take about one month for superficial results and the skin will continue to remodel for up to five months. For deeper lines, wrinkles or scars, multiple treatments may be necessary to achieve desired results.

### WHAT TO EXPECT

There are two types of needling treatments.

1. Collagen stimulation is a noninvasive treatment that uses microneedles which are brushed over the skin's surface penetrating the upper layers of the skin to stimulate your body to produce collagen and elastin. Your skin will appear red and or blotchy immediately after the treatment. There may be minimal swelling. These reactions usually subside within the first day. If your skin is sensitive, you may experience a few days of this reaction. Clean, new mineral based makeup may be applied after the first day.
2. Scar and or wrinkle reduction requires a smaller group of microneedles that target the specific area, bringing blood to the surface to produce new, healthy skin. The area being treated will be very red and more visible for a few days after treatment. This produces a more dramatic result. The area must be kept clean and moist to avoid infection.

Does it hurt?

A topical anesthetic is applied before and during the treatment to ensure your comfort. Most people describe the sensation as the feeling of an exfoliating cleanser or buffer on the skin in the case of the collagen stimulation treatment. Some areas as in wrinkles will be felt more but the sensation lasts only a matter of seconds in that area.

How much does it cost?

Treatments range from \$150 to \$1000 depending on your desired level of outcome. Each treatment is customized to fit your needs and discounts are available for multiple areas or appointments. Compared to other treatments such as cosmetic surgery or lasers, the cost is very affordable.

How long will it last?

Your skin will continue to improve for up to 5 months after each treatment and the results on scars etc. can be permanent, however, your skin will continue to age and environmental factors such as sun damage will always be a factor. A good skin care regimen and other preventative measures will ensure that your skin stays as healthy as possible. For some people, one treatment will be enough. For maximum results, 3 or more treatments may be recommended.

MICRONEEDLING QUESTIONS

1. Are you on blood pressure medication, have a heart condition or diabetes?  
\_\_\_\_\_
2. Have you ever had a fever blister or cold sore? \_\_\_\_\_
3. Have you ever had any type of facial skin disease or disorder? \_\_\_\_\_
4. Do you have acne? \_\_\_\_\_ Is it active? \_\_\_\_\_
5. Do you have any scars that are less than 6 months old? \_\_\_\_\_
6. Have you had any fillers or botox within the last 4 months or permanent fillers such as Dermagen or Shark cartilage in the past 6 months? \_\_\_\_\_
7. Have you had any facial surgery within the last 6 months? \_\_\_\_\_
8. Have you had any sensitivity to lidocaine, tetracaine or benzocaine? \_\_\_\_\_
9. Are you using any cortico-steroids on the treatment areas? \_\_\_\_\_
10. Have you had any laser treatments? Describe \_\_\_\_\_
11. Are you taking any medications such as ibuprofen, aspirin, coumidin, including homeopathic such as fish oil, vitamins or herbs that thin the blood? Describe \_\_\_\_\_
12. Do you or have you ever had a darkening of the skin(hyperpigmentation) after an injury? \_\_\_\_\_
13. Do you have any keloid (raised) scars? Where? \_\_\_\_\_
14. Have you had any moles, warts or lesions in the treatment area? \_\_\_\_\_
15. Please list all products being used on the skin. \_\_\_\_\_

Name \_\_\_\_\_ Procedure \_\_\_\_\_  
Date \_\_\_\_\_ Signature \_\_\_\_\_

# INFORMED CONSENT TO MICRONEEDLING PROCEDURE

Initial: \_\_\_\_\_

1. I absolutely understand and accept that such procedure is an elective procedure, not medically necessary, and is a process, often requiring multiple applications to achieve desirable results. 100% success cannot be guaranteed. I agree to cooperate with Kim Witwer and La'Derma in this process which may involve multiple treatments and periods of healing between treatments ranging from 2 weeks to 3 months depending on how my skin heals. \_\_\_\_\_
2. I do \_\_\_ do not \_\_\_ have a history of keloids or hypertrophic (raised) scars. \_\_\_\_\_
3. I do \_\_\_ do not \_\_\_ have a history of getting dark areas when my skin is injured. (aka hyperpigmentation) \_\_\_\_\_
4. It has been explained to me that the following possibilities may occur: Minor and temporary bleeding, bruising, redness or other discoloration, swelling and or fever blisters on the lip area following procedures around the lip. \_\_\_\_\_
5. I have received pre and post-procedure instructions and I will strictly adhere to such instructions. I understand that my failure to do so may jeopardize my chances for a successful procedure. I have disclosed all medications, prescription or non-prescription and their purpose or indications. I have disclosed any medical conditions that may affect the healing of my skin. If I have ever had cold sores (fever blisters, herpes), I will consult with and strictly follow my doctor's instructions before having any procedure around my lips. \_\_\_\_\_
6. I understand the procedure carries with it known and unknown complications including but not limited to infection, allergic reaction, no improvement, increased scar formation or hyperpigmentation and agree to proceed. I know that sometimes I may experience redness, tingling, superficial abrasions and temporary scab formation and flaking. I agree to follow the recommended skincare after and between treatments as recommended for my skin problem and type. \_\_\_\_\_
7. I agree to accompany my practitioner to the emergency room in the event they were to be accidentally stuck with my needle and take a blood test for their safety & disclose all test results to my practitioner. \_\_\_\_\_
8. I am aware that if an infection occurs after I have received microneedling to see my primary physician or an emergency room, **immediately**. \_\_\_\_\_
9. This procedure is being performed under standard sanitizing and sterilizing methods recommended by the Center for Disease Control. La'Derma uses only sterile, one time use needles and disposes of all needles appropriately after use. I verify that the needle(s) being used in my procedure are sterile and witnessed the unopened needle packaging. \_\_\_\_\_
10. In consideration of Kim Witwer and La'Derma providing me the service requested, I for myself, my spouse, legal representatives, heirs and assigns, hereby release, waive and discharge Kim Witwer ( dba La'Derma) from liability for, and all loss or damage on account of, injury to my person. I understand several procedures may be necessary to achieve the desired effect and agree to complete my treatment and payment. Should I not complete treatments, I will be responsible for any adverse outcome. \_\_\_\_\_
9. I understand that the taking of before and after photographs of the said procedure(s) are a condition of said procedure(s) and give Kim Witwer and La'Derma the permission to use these photographs for client care, information, marketing and presentations. \_\_\_\_\_

**ACCEPTANCE:** I am over the age of 18, am not under the influence of drugs or alcohol, am not pregnant or nursing and request the indicated procedure. I give my consent to Kim Witwer and La'Derma for medical information required for the safety of my procedure(s). I have read and understand these risks listed above and they have been explained to me. **I DID NOT JUST SIGN THIS DOCUMENT WITHOUT READING IT.** I certify that the information in the above questionnaire is accurate and my questions have been answered. I accept full responsibility for any complications that may arise or result during or following the cosmetic procedure(s) to be performed at my request.

Signature of Client X \_\_\_\_\_ Signature of Practitioner \_\_\_\_\_

Procedure(s) \_\_\_\_\_ Date \_\_\_\_\_